

Sherbourne: Orange in Bloom

Form: Corner dance, 6 people, outside foot tradition

Figures

Foot Up and down | Salutes Chorus | Rounds | Galleys Chorus | Rounds | Forey Capers Chorus (poofers) | Rounds | Split Capers Chorus | Full Hey [ending with] All Up & Show.

Props: Two hankies.

Music

Six beats per bar except for the Forey & Split Caper when it has four beats per bar and is slower.

Components

Basic Double Step

Odds start with a LF + Lhop + RF + LF double step. Evens will start on the right foot, so it's RF+ Rhop + LF + RF. The hop needs to be high and it is basically done in place, while there is a forward surge on the last two steps. Hankies go down fast on the hop and up during the last two steps. When the hankies go up, they go vertical [$\theta = 0$ deg]. When they go down they remain at the body's side (not behind).

Repeat on the other foot. Then Galley Round 180 deg [1 bar]. Then Caper twice and end with hankies up [1 bar].

Galleys should be done by leaping onto the supporting foot, bringing the other leg up so that the thigh is at hip height and parallel to the ground. As you move around, hop on the supporting foot, and do little circles with the heel that's in the air on the beats. It's easier to do than to write.

Shuffle Back/Slipback

Odds: On beat 4 arms go out to balance, heels come off the ground and the body leans back slightly. On beat 5 the left heel is brought behind the right foot at about a 45 degree angle. On the end of 5 the right foot is brought behind the left, and beat 6 the left behind again, straighten out on the end. Caper left on 7, and right on 8. The left foot is up and ready for the DS.

Evens do the opposite: Arms to balance and up on toes on 4, right behind on 5, then left on the and, right on 6, straighten on the and, caper R then left on 7 & 8. The right foot should be up for the DS.

All the motion should be in the hips, not in the upper body. Arms remain out at balance until the capers when they go down on the first caper and up for the second so they are ready to come down for the DS.

Start of Dance

Foot up and Down: Starts with Slipback, DS up, galley to the outside, DS down, galley to place, end with 2 capers.

First Crossing - Salutes

(Standing still) Salute right, then left, 2 DS to your opposite corner and galley into that place ending with 2 capers. Do the first caper to your corner, the second to your partner. Crosses are all done by 1 & 6, 2 & 5, then 3&4 in that order. Remember since you are passing right shoulders in the crossing, that makes your left foot the outside for everybody.

Corners that are waiting to go next do a Once to Yourself on the spot during the bar before they come in (starting on 4 while the other people are galleying). DS starting right (everyone starts right) and ending with two capers. Do the first caper to your partner, and the second to your corner with whom you will be dancing next.

Rounds

Dancers 1 & 2, and 5&6 will do a Once To yourself (OTY) while 3&4 finish their galleys at the end of the crossing. The rounds themselves start on the outside foot which is the left for everybody. The pattern is 2 DS, galley round, 2 capers; repeat in the opposite direction ending at home with two capers and a show. 1&2 will do the first caper to their partner and the second to their corner. Everyone else will do both capes to their partner.

Second Crossing – Galleys/Ring of Bells

Since you have just finished two capers your left foot should be up (#2 may need to do a catch step). Galley onto your left foot bringing your right thigh up high, circle your foot with the toes up and the heel down making sure to ring your bells to the beat. Repeat the same landing on the right foot and circling the left. Then cross with two DS and galley into place.

Second and third corners remember to do the Once to Yourself

Third Crossing – Forey Capers – Poofers

Once again your left foot should be up from whatever you last did (rounds or OTY). Plant that left foot while bringing the right foot up to the left knee. Stomp the right foot, caper right, caper left. Repeat starting on the right foot. The chant that goes through my mind is “stork, stomp, caper, caper.” Hankies go up on stork, down on stomp, and gathered in a ‘bunny’ hold for the capers. Then 2 DS across and galley into your corner’s spot ending with 2 capers, same as the other crossings.

Forth Crossing – Split Capers “Splitters”

Since your left foot is up – plant it slightly in front and to the outside of the right with the heel on the ground while jumping onto the right foot. Jump and change so the right is in front of the left for the second beat. Bring both feet together on the ground for a moment to gather your forces then Jump as high as you can straight up with the left foot forward and the right back keeping your knees together and land on the 4th beat. Repeat with the right foot forward first, then the left, then the right foot forward on the high jump. Hankies are out at balance for the first two beats, then gather them in on the third and explode straight up on the fourth. Cross with your corner as usual.

Whole Hey

The two sides of the set mirror each other with the tops casting to the outside and moving down the set. Middles move up to the top positions following the tops, then cast out and down and galley into home. Bottoms cast to the bottom and outside of the set, moving up the set and allowing the tops to cut in front of them and galley into the top positions. Tops cut in front of the bottoms at the midpoint of the set and galley into the bottom positions. Everyone capers twice facing across the set. Repeat the hey going back to your original positions. This is faces not places, so the tops cut in front of the bottoms both times and the middles will follow the 1 and 2 towards the bottom for the second half. End with an all up and show.

A note about outside feet here: As the tops and middles turn to face the top of the set they will start on their inside feet which will shortly become their outside feet. The bottoms will do the same when they turn to the bottom of the set and start on their inside feet which will become their outside when they move up the set. If done correctly, the bottoms will end the hey with their inside feet up and the middles and tops with their outside feet.