

## Sherborne: Orange in Bloom

**Form:** Corner dance, 6 people, outside foot tradition

**Figures:** Foot Up and down | Salutes Chorus | Rounds | Galleys Chorus | Rounds | Forey Capers Chorus (poofters) | Rounds | Split Capers Chorus (splitters) | Full Hey [ending with] All Up & Show.

**Props:** Two hankies.

**Music:** Six beats per bar except for the Forey & Split Caper when it has four beats per bar and is slower.

### Stepping Details

#### ***Basic Double Step***

Step, hop, change, change. Starts with the outside foot, so odds start with a LF + Lhop + RF + LF double step. Evens will start on the right foot, so it's RF+ Rhop + LF + RF. The hop needs to be high and is done in place, then there is a forward surge on the last two steps. Hankies go down fast on the hop and up during the last two steps. When the hankies go up, they go vertical [ $\theta = 0$  deg]. When they go down they remain at the body's side (not behind). Repeat on the other foot. Then Galley Round 180 deg [1 bar]. Then Caper twice and end with hankies up [1 bar].

Galleys should be done by leaping onto the supporting foot, bringing the other leg up so that the thigh is at hip height and parallel to the ground. As you move around, hop on the supporting foot, and do little circles with the heel that's in the air on the beats. It's easier to do than to write.

#### ***Shuffle Back/Slipback***

On beat 4 arms go out to balance, heels come off the ground and the body leans back slightly. On beat 5 the outside heel is brought behind the inside foot at about a 45 degree angle. On the end of 5 the inside foot is brought behind the outside, and beat 6 the outside behind again, straighten out on the end. Caper outside on 7, and insight on 8. The outside foot is up and ready for the DS. All the motion should be in the hips, not in the upper body. Arms remain out at balance until the capers when they go down on the first caper and up on the second so they are ready to come down for the DS.

### **Figures**

Foot up and Down: Starts with Slipback, DS up, galley to the outside, DS down, galley to place, end with 2 capers.

#### **First Crossing - Salutes**

Side step right, side step left, salute right, then left, 2 DS to your opposite corner and galley into that place ending with 2 capers. Do the first caper to your corner, the second to your partner. Crosses are all done by 1 & 6, 2 & 5, then 3&4 in that order. Corners

that are waiting to go next do a Once to Yourself on the spot during the bar before they come in (starting on 4 while the other people are galleying). DS starting right (everyone starts right) and ending with two capers. Do the first caper to your partner, and the second to your corner with whom you will be dancing next.

### **Rounds**

Dancers 1 & 2, and 5&6 will do a Once To yourself (OTY) while 3&4 finish their galleys at the end of the crossing. The rounds themselves start on the outside foot which is the left for everybody. The pattern is 2 DS, galley around, 2 capers; repeat in the opposite direction ending at home with a galley and two capers. 1&2 will do the first caper to their partner and the second to their corner. Everyone else will do both capes to their partner.

### **Second Crossing – Galleys/Ring of Bells**

Side step right, side step left Galley right then left. Then cross with two DS and galley into place. Second and third corners remember to do the Once to Yourself

### **Third Crossing – Forey Capers or Poofers**

Plant the right foot while bringing the left foot up to the right knee. Stomp the left foot, caper left, caper right. Repeat starting on the left foot. The chant that goes through my mind is “stork, stomp, caper, caper.” Hankies go up on stork, down on stomp, and gathered in a ‘bunny’ hold for the capers. Then 2 DS across and galley into your corner’s spot.

### **Fourth Crossing – Split Capers or Splitters**

Touch your right heel slightly in front and to the outside of the left foot with a small jump. Jump and change so the left is in front for the second beat. Bring both feet together on the ground for a moment to gather your forces then jump as high as you can straight up with the tight foot forward and the left back keeping your knees together and land on the 4th beat. Repeat with the left foot forward first. Hankies are out at balance for the first two beats, then gather them in on the third and explode straight up on the fourth. Cross with your corner as usual.

### **Whole Hey**

The two sides of the set mirror each other with tops casting to the outside and moving down the set. Middles move up to top positions following the tops, then cast out and down and galley into home. Bottoms cast to the bottom and outside of the set, moving up the set and allowing the tops to cut in front of them and galley into top positions. Tops cut in front of the bottoms at the midpoint of the set and galley into the bottom positions. Everyone capers twice facing across the set. Repeat the hey going back to your original positions. Tops cut in front of bottoms both times and middles will follow tops towards the bottom for the second half. End with an all up and show. A note about outside feet here: As tops and middles turn to face the top of the set they will start on their inside feet which will shortly become their outside feet. Bottoms will do the same when they turn to the bottom of the set and start on their inside feet which will become their outside when they move up the set. If done correctly, bottoms will end the hey with their inside feet up and the middles and tops with their outside feet.